

***Combining Eastern and Western Thinking Culture:  
Wellness With Nano Bubble Technology  
To Deliver GasoTransmitters***

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Holistic medicine is a form of healing that considers the whole person – body, mind, spirit, and emotions – in the quest for optimal health and wellness. According to the holistic medicine philosophy, we can achieve the best possible health by gaining proper balance in life. So if we have imbalances (physical, emotional, or spiritual) in your life, it can harm your overall health. We will talk about the use of gasotransmitters to improve wellness

**Gasotransmitters** is a class of neurotransmitters that relate to achieve proper balance in life. The gasotransmitter molecules are distinguished from other bioactive endogenous gaseous signalling molecules based on a need to meet distinct characterization criteria. Currently, only nitric oxide, carbon monoxide and hydrogen sulphide. **Gasotransmitters** as volatile intracellular messenger molecules, with complex interactions with one another in compensatory and reciprocal fashion when the level of one is depleted under pathological conditions. **These particular** gases share many common features in their production and function but carry on their tasks in unique ways which differ from classical signaling molecules. These gaseous can be injected or inhaled into the body in the form of nano bubbles.

**Nanobubbles** are 70-120 nanometres in size. They can be formed using any gas and injected into any liquid. Due to their size, nanobubbles exhibit unique properties that improve numerous physical, chemical, and biological processes. We develop a safe and effective technique of translational medicine using nano bubbles to improve wellness.